

## THE TONGUE IS KING

When we think about the factors that cause hatred and arguments between people and make them bitter against each other, so much so that one may not even like to see each other or be in each other's company or one may dislike attending ones wedding or funeral etc. We shall discover that it is the tongue that causes us to reach such levels of hatred. How often do we quarrel because of verbal abuse, backbiting or insults!

Unfortunately the women of today have made gossiping their only way of passing time. Everyone's worried about what the neighbour's husband or children are up to, instead of worrying about our own family. Backbiting is such a sin that gains us no benefit but we just enjoy talking about people and whilst we sinning the opposite person's sins are getting forgiven.

The Prophet (ﷺ) said in a Hadeeth, "When the son of Adam wakes up in the morning, all of his body parts humble themselves in front of the tongue and say, "Fear Allah with regards to our rights! Our well being depends on you. If you remain upright, so shall we . If you become crooked so shall we,"  
(AHMAD & TIRMIDHI)

Subhanallah! So surely the Tongue is the master. It is the Tongue that rectifies people's relationships, that bargains with the vendors and debates and speaks up for what is true and rightful. However it is important we use this gift we have been given in the right ways keeping Allah's fear in our hearts at all times. For this very gift can become detrimental for our hereafter if misused.

There is a very famous Urdu saying that goes: "TAUL PHIR BOL" Meaning weigh what you are going to say before you actually say it. Only say those things that are beneficial to you or any body else.

May Allah give us all the Tawfeeq to use our Tongues in the right manner and in reality make them our Kings. AAMEEN

**PLEASE HANDLE THIS NEWSLETTER VERY CAREFULLY AS IT CONTAINS QURAANIC AAYAAT AND AHAADITH**

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## **A SUPPLEMENT FOR OUR MUSLIM LADIES**

### EDITORIAL

WHILST ALL OF US ARE ENDOWED WITH MANY DIFFERENT QUALITIES ALLAH HAS BLESSED WOMEN WITH THE QUALITY OF DOMINATING MORE THAN MEN. INDEED WOMEN, SEEMINGLY A WEAK AND SOFT CREATION OF ALLAH DOMINATE POWERFUL AND INTELLIGENT MEN. THEIR GUILLE AND CHARM OVERPOWER MEN AND SUBJUGATE THEM. THE REASON COULD BE THAT SHE IS THE "HOME MINISTER" AND "QUEEN" OF THE HOME. ALLAH HAS MADE HER RESPONSIBLE FOR THE UPBRINGING OF THE ENTIRE FAMILY, INCLUDING THE HUSBAND.

WE LADIES NAG OUR HUSBANDS FOR HOLIDAYS AND FURNITURE TILL THEY TAKE US OR BUY FOR US, SOMETIMES NOT WANTING TO DO SO BUT OUR PRESSURE PROMPTED THEM INTO ACTION, WHY CANT WE USE THE SAME CHARM AND ENTICING FOR THE SAKE OF THE DEEN OF ALLAH. WHEN WAS THE LAST TIME WE SHED TEARS IN FRONT OF OUR HUSBANDS SIMPLY BECAUSE THEY DID NOT WAKE UP FOR FAJR? WHEN WAS IT THE LAST TIME WE SCOWLED AND FROWNED AT OUR CHILDREN BECAUSE THEY DIDN'T READ YASEEN IN THE MORNING. REMEMBER THE PIETY OF OUR FAMILY IS OUR RESPONSIBILITY AND IT WILL START WITH US

. IF WE ARE METICULOUS THEN WE MAKE OUR CHILDREN, HUSBAND AND HOME SUCH. SIMILARLY IF WE ARE RELIGIOUS AND DEENDAAR WE WILL WANT OUR HOME CHILDREN AND HUSBANDS TO BE SUCH. WE WILL WANT OUR HOMES TO BE THE HOMES OF THE SAHABAH (RA). FOR THIS TO COME INTO EXISTENCE WE WILL USE EVERY POSSIBLE MEANS TO BRING THEM CLOSER TO ALLAH, BE IT SMILING, CRYING, COERCING, NAGGING.

THE ONUS LIES ON US! HOW DEENDAAR ARE WE? HOW MUCH DO WE LOVE THE DEEN OF ALLAH? DO WE WANT OUR FAMILIES TO BE PIOUS AND RELIGIOUS? OR ARE WE THE ONES BRINGING IMPIETY IN OUR FAMILIES! AREN'T WE THE ONES NAGGING MORE ABOUT DUNYAA RATHER THAN DEEN! AREN'T WE THE ONES THINKING DEEN IS BACKWARD AND DUNYA IS MODERN! WE CAN ANSWER FOR OURSELVES.

*Your gateway to Islamic knowledge*



## COMPLYING TO THE CHILD'S OBSTINACY

Obstinacy and stubbornness is a very evil habit. If the parents are concerned about their child's welfare, it is their responsibility to ensure that they curb this evil habit of obstinacy. If that fail in this responsibility, they will lose the child and they themselves will land in hot water. There are a number of children who are innately stubborn. They are so stubborn that every small excuse incites them into a tantrum of obstinacy. They would roll onto the ground and holler out their demands whilst driving the folks up the wall. They do not keep quiet even after their demands are compiled with. If you really want to know the truth, this is an ailment, which is caused due to some abdominal deficiency. Instead of beating or being harsh to the child, seek medical attention and get him treated. If a child demands something and there is no problem in giving the item to him, give it to him before he throws up a tantrum. If he falls prey to one of his outbursts of obstinacy, do not ever give the item to him as this would lead to a bad habit. This would make the child demand everything in the future by throwing the tantrum. If yielding to his demands is detrimental to him, taking his intelligence into account, explain the detriment to him and also explain to him the immorality of acting in this manner. At the same time, steer his mind onto some other activity. If his demands are not acceded to, a few times, the child will realize that no amount of hysterics would benefit him in any way. This would, Insha Allah, make him relinquish this bad habit.

(EXTRACT TAKEN FROM THE IDEAL MOTHER PAGE 107)

### Q & A

Question: What type of sleep will not nullify the wudhu?

Answer: Wudhu will not be nullified by sleeping when:

- " Standing upright without leaning against anything
- " Sitting without leaning against anything
- " In any posture of salaah such as Qiyaam, Sajdah, etc.

Question: Will wudhu be nullified if blood flowed inside the eye without emerging?

Answer: No. this is because it is not Fardh (obligatory) to wash the inside of the eye during either wudhu or Ghusl.

## HONOUR OF WOMEN

If one studies the events that followed the first revelation upon Rasulallah (ﷺ) one will come to know that a number of significant acts that took place at that time gave great honour to women.

1. The first Person Allah chose to help and support Rasulallah (ﷺ) after the crown of risalah was placed on His Blessed head was Hadhrat Khadijah (رضي الله عنها). He did not choose a man.
2. The first person to hear about the mission of Rasulallah (ﷺ) was a woman.
3. The first Person to hear verses of Allah's Last Revelation from the lips of His Messenger (ﷺ) was a woman, not a man.
4. When Rasulallah (ﷺ) went through unfamiliar experiences of revelation for the first time, Allah chose a woman to reassure, and encourage him.
5. A woman gave such intelligent advice that it soothed Nabi (ﷺ) immediately and encouraged him.
6. Seeing her husband in distress and shock she tried very hard to resolve the matter. She beseeched advice from the most authentic source.
7. The first person to become a Muslim was Hadhrat Khadijah (رضي الله عنها), a woman. She was the closest person to Rasulallah (ﷺ) and the first to hear and understand about his mission.
8. The person that spent the most wealth in the path of Allah during the early days of Islam was Hadhrat Khadijah (رضي الله عنها), a woman.

These few points are sufficient to show how high the status of women is in Islam. Allah Ta'ala has made woman so unique. Woman can be very influential and supportive in Deeni matters or with concerns to those things that are beneficial. But at the same time they can be very detrimental also. As the saying goes, "**BEHIND EVERY SUCCESSFUL MAN IS A WOMAN**". May Allah make all us woman pillars of support, love and encouragement for all those around us. Ameen.

### QAYLOOLAH (MIDDAY NAP)

The afternoon nap was a practice of the holy Prophet (ﷺ) and His companions (رضي الله عنهم). It is mentioned in a number of ahaadeeth. Let us read a few:

1. hadhrat Sahl ibn Saad (رضي الله عنه) said: "We use to have a midday nap and take lunch after the Jum'ah (Friday) prayers." (ABU DAWOOD)
2. Hadhrat Anas (رضي الله عنه) said: Ummu Sulaym (رضي الله عنها) used to spread a leather sheet for the Holy Prophet (ﷺ) and He used to take a midday nap (on that leather sheet) at her home. (BUKHARI)

THE HOLY PROPHET (ﷺ) HAS PRESCRIBED THE AFTERNOON SLEEP, ESPECIALLY FOR THOSE WHO WAKE UP FOR TAHAJJUD. IBN ABBAS (رضي الله عنه) REPORTS: RASULULLAH (ﷺ) SAID: "SEEK HELP FROM SUHOOR IN FASTING, AND THROUGH THE MIDDAY NAP IN THE NIGHT PRAYER."  
(IBN MAJAH).

**MAY ALLAH GIVE US THE ABILITY TO ACT ON THE ABOVE SUNNAH. AAMEEN**